ping frequencies, and therefore a stringent standard with a definite timetable for phasing it in is the only way to protect the public health.

Moreover, such action must come from Washington. New Jersey and Connecticut have recently adopted the ANSI standard, while in 1983 Massachusetts enacted a much stricter one of 200 microwatts, which large areas of New York City already exceed considerably. Some communities, recognizing that even a 100-microwatt level is too high, are beginning to set their own, lower, ones. Without realistic federal regulation we will end up with a totally unworkable patchwork. Suppose, for example, that the Air Force, from a base outside a town, operates a radar dome that produces illegal EMR levels inside it. Without federal direction, that will become one more confused legal issue to be hammered out for years in already overburdened courts.

All of the industrialized West is locked into a false position on electropollution's risks. It's these countries that have made the maximum use of electromagnetism for power, communications, and entertainment. The Soviet Union and China, partly due to underdevelopment and wartime destruction, and partly by choice, have severely limited its use and the exposure of their civilians.

Soviet scientists have consistently assumed that any radiation that doesn't occur in nature will have some effect on life. We've consistently made the opposite assumption. Throughout our recent history American regulators have followed a "dead body policy." They have extended no protection until there was proof of harm sufficient to overcome all deception. There's no longer any question that, as far as electromagnetic energy is concerned, we've been wrong and the Soviets have been right.

In the 1950s, Russian doctors conducted extensive clinical exams of thousands of workers who had been exposed to microwaves during the development of radar. Having disclosed serious health problems, these studies weren't swept under the rug. Instead, the USSR set limits of 10 microwatts for workers and military personnel, and 1 microwatt for others. Both levels are strictly enforced. When this first became known in the West in the early 1960s, instead of checking their assumptions many American scientists and administrators chose to believe this was Russian propaganda aimed at embarrassing us.

By 1971, when they presented their work at a momentous conference in Warsaw, Zinaida V. Gordon and Maria N. Sadchikova of the USSR Institute of Labor Hygiene and Occupational Diseases had identified a comprehensive series of symptoms, which they called microwave sickness. Its first signs are low blood pressure and slow pulse. The later and most common manifestations are chronic excitation of the sympathetic

nervous system (stress syndrome) and high blood pressure. This phase also often includes headache, dizziness, eye pain, sleeplessness, irritability, anxiety, stomach pain, nervous tension, inability to concentrate, hair loss, plus an increased incidence of appendicitis, cataracts, reproductive problems, and cancer. The chronic symptoms are eventually succeeded by crises of adrenal exhaustion and ischemic heart disease (blockage of coronary arteries and heart attack).

The Soviet standards were set long before the dangers were this clear, however. The comparison is instructive. At a 1969 international symposium on microwaves in Richmond, Virginia, Dr. Karel Marha of Prague's Institute of Industrial Hygiene defended his findings on birth defects and recommended that the Eastern European standard be adopted in the West. Replying to objections that the dire predictions hadn't been proven beyond doubt, he said: "Our standard is not only to prevent damage but to avoid discomfort in people."

Apparently this concern doesn't include Americans, for the Soviets have been bombarding our embassy in Moscow with microwaves for some thirty years. In 1952, at the height of the Cold War, there was a secret meeting at the Sandia Corporation in New Mexico between U.S. and U.S.S.R. scientists, allegedly to exchange information on biological hazards and safety levels. It seems the exchange wasn't completely reciprocal, or perhaps the Americans didn't take seriously what the Russians told them; there have been other joint "workshops" since then, and each time the Soviets have sent people who publicly acknowledged the risks, while the American delegates have always been "no-effect" men. At any rate, soon after the Sandia meeting, the Soviets began beaming microwaves at the U.S. embassy from across Tchaikovsky Street, always staying well within the Schwan limit. In effect, they've been using embassy employees as test subjects for low-level EMR experiments.

The strange thing is that Washington has gone along with it. The "Moscow signal" was apparently first discovered about 1962, when the CIA is known to have sought consultation about it. The agency asked Milton Zaret for information about microwave dangers in that year, and then hired him in 1965 for advice and research in a secret evaluation of the signal, called Project Pandora. Nothing was publicly revealed until 1972, when Jack Anderson broke the story, and the U.S. government told its citizens nothing until 1976, in response to further news stories in the Boston Globe. According to various sources, the Russians shut off their transmitter in 1978 or 1979, but then resumed the irradiation for several months in 1983.

According to information given Zaret in the 1960s, the Moscow sig-

nal was a composite of several frequencies, apparently aiming for a synergistic effect from various wavelengths, and it was beamed directly at the ambassador's office. Thus it may have been used at least partially to activate bugging devices, but it wasn't consistent with one of the other subsequent official American explanations—a jamming signal to disrupt the U.S. eavesdropping equipment on the embassy roof.

The intensity isn't known for certain. When the State Department admitted the signal's existence, officials claimed it never amounted to more than 18 microwatts. However, although released Project Pandora records don't directly reveal a higher level and the relevant documents have allegedly been destroyed, research protocols aimed at simulating the Moscow signal called for levels up to 4,000 microwatts.

In the mid-1960s published Soviet research indicated that such a beam would produce eyestrain and blurred vision, headaches, and loss of concentration. Within a few years other research had uncovered the entire microwave syndrome, including the cancer potential.

By all accounts except the official ones, the Moscow bombardment has been highly effective. In 1976 the *Globe* reported that Ambassador Walter Stoessel had developed a rare blood disease similar to leukemia and was suffering headaches and bleeding from the eyes. Two of his irradiated predecessors, Charles Bohlen and Llewellyn Thompson, died of cancer. Monkeys exposed to the signal as part of Project Pandora soon showed multiple abnormalities of blood composition and chromosome counts.

In January 1977, the State Department, under duress, announced results of a series of blood tests on returning embassy personnel: a "slightly higher than average" white blood cell count in about a third of the Moscow staff. If 40 percent above the white blood cell counts of other foreign service employees (levels common to incipient leukemia) can be considered "slightly higher than average," then this technically wasn't a lie. The finding has been officially ascribed to some unknown microbe. Unfortunately, there's no such doubt about the veracity of explanations about some earlier research. As part of Project Pandora in the late 1960s, the State Department tested its Moscow employees for genetic damage upon their return stateside, telling them the inner cheek scrapings were to screen for those unusual bacteria. No results were ever released, and they're reportedly part of the missing files, but one of the physicians who conducted the tests was quoted by the Associated Press as saying they'd found "lots of chromosome breaks." The embassy staff had to learn this when the rest of us did-in the newspapers nearly a decade later.

The Russians themselves have never admitted the irradiation, and the Schwan guideline has put the American government in an embarrassing bind. In 1976 the State Department gave its Moscow employees a 20-percent hardship allowance for serving in an "unhealthful post" and installed aluminum window screens to protect the staff from radiation a hundred times weaker than that near many radar bases. That same year the government gave Johns Hopkins School of Medicine a quarter of a million dollars to see if there was a link between the signal and "an apparently high rate of cancer" in the embassy (which wasn't confirmed). Nevertheless, although President Johnson asked Premier Kosygin at the 1967 Glassboro talks to stop the bombardment, Washington has never had any formal basis to demand that it be stopped due to danger to the staff. That was apparently considered an acceptable risk in the protection of the lenient U.S. standard.