

95% of people do NOT set goals.  
5% DO. The 95% work for the 5% that do.

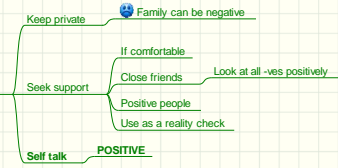
"Those who fail to plan, plan to fail."

## Goal Setting

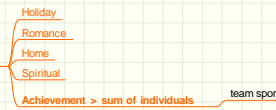
### Important



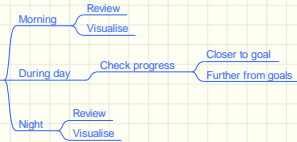
### Keep Personal



### Shared



### Daily



Goal Bracelet - use as prompt to do tasks, and reward achievements (eg one charm represents one item)

### Reward achievement

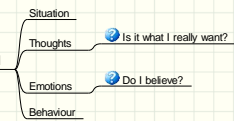


Dreams >>>> Goals >>>> Reality

### Timeframes



### Goal



"The difference between a goal and a dream is the written word"