

EXECUTION OF MY TWO WEEK PLAN

		2/14/2011	2/15/2011	2/16/2011
Trade 1	Two Week Averages			
Why did I enter?		TWYS1 (All three red; red bar, stop and dot.)	TWYS1 (All three red; red bar, stop and dot.)	
Entry match the plan?		No, early; moved too fast and did not notice that red dot is still not there	Yes, EURUSD agreement	
Happy with the entry?		No, early	Yes, all reds as set up rules	
Why did I exit?		T1 as planed, limit order in place +8 ticks	Rev signal with three blues	
Exit match the plan?		Yes, did not move stops/targets	No, has set and accepted a 20 tick stop loss.	
Happy with the exit?		Yes	No, as the mkt reversed after a took the loss (at -18, stop loss is -20)	
Grade (4.0 scale)		2.0	2.0	
Trade 2				
Why did I enter?		TWYS1 (All three Blue; blue bar, stop and dot.)	TWYS, all reds	
Entry match the plan?		Yes, All blue	Yes	
Happy with the entry?		Yes, but concern about lunch chop. Usually I avoid dead zone trading	Yes, with set rules EURUSD agreement	
Why did I exit?		Very choppy, setting up signal for opposite direction, -5 ticks	T1 got hit as planned	
Exit match the plan?		Yes, any two reds in the opposite direction is an exit at markdet	Yes	
Happy with the exit?		Yes, it kept dropping.	Yes	
Grade (4.0 scale)		3.0	4.0	
Trade 3				
Why did I enter?		No more set ups for the day	TWYS all Blue	
Entry match the plan?		NA	Yes, three blues	
Happy with the entry?		NA	Yes, coming off the predicted lows and agreement with EURUSD	
Why did I exit?		NA	T1 got hit as planned	
Exit match the plan?		NA	Yes	
Happy with the exit?		NA	Yes	
Grade (4.0 scale)	3.5	3.0	4.0	
Number of trades for the day:	2.0	2	3	
Average grade for first three trades	3.1	2.7	3.3	0.0
Comments				

2/17/2011

2/18/2011

2/21/2011

2/22/2011

0.0

0.0

0.0

0.0

2/23/2011

2/24/2011

2/25/2011

0.0

0.0

0.0