Date	Time	Pattern	Side	Risk	Tgt	RFE	MAE	MFE	W/L	Trade	Context & Notes	
2/1/19												
	Plan:	YR=203t. 1/8=25t.										
	Result:											
	Day:	Opens w/ a wheel on \				•		outsid	e Glol	bex.		
	Notes:	Seemed like the news	traders	showe	d moi	re twite	ch.					
	8:30	YR 87% 1 bar BDPB	S	20	22	25	18	65	SW	-2	Lack of patience and resolve.	
	8:33	YR 87% 1 bar BDPB	S	20	22	25	18	65	SW	10	Same as above. Stopped out.	
	8:44	YR 75%	В	20	22	25	0	27	W*		* maybe fill. This curve is \$1499.60.	
	8:47	YR 87% BDPB	S	20	22	25	1	66	W			
	8:50	YR 75%	В	20	22	25	32	1	L			
	8:53	GL	В	20	20	23	16	87	W		1st of 3 attractive support prices.	
	8:57	YR 62%	В	20	22	25	14	89	W	22	Got lucky on the news (after getting stupid before the news).	
	8:58	YPOC	В	20	30	32	7	96	W			
	9:00	YR 75%	S	20	22	25	21	37	L		1st tgt for above. News traders get twitchy and make a 57t 1m bar.	
	9:03	YR 75%	S	20	22	25	64	0	L			
	9:05	YR 87% BDPB	S	20	22	25	38	5	L			
	9:09	YH	S	20	22	25	13	29	W		News rally stalls.	
	9:09	GH	S	20	29	32	6	36	W		Same area as above.	
	9:29	YR 87%	В	20	23	25	4	37	W		Bumped up the 1/8R tgt by 1t.	
	9:33	YH	S	20	23	25	12	85	W		DT	
	9:37	GH	S	20	29	32	5	92	W		Same area as above.	
	9:49	YR 87%	В	20	23	25	60	6	L		Sideways top breaks down.	
	9:53	YR 75%	В	20	23	25	34	4	L		Inside curves should be avoided now.	
	9:56	GL	В	20	21	23	11	24	W		RFE back to the nearest 1/8 curve. Working nice for meager ratios.	
	9:56	YR 62%	В	20	23	25	9		W		Same area as above.	
	10:01	YPOC	В	20	30	32	2		W		Same area as above.	
	10:06	YR 75%	S	20	23	25	1	25	L		1st tgt for prev 3 buys. Made a wheel then a BOPB.	
	10:11	GL	В	20	21	23	2	94	W		maybe fill.	
	10:36	YR 87%	S	20	23	25			L		2nd tgt for prev 3 buys.	
	10:51	YH	S	20	23	25	20	8	L		Begin small sideways just above new support.	
Н	10:54	GH	S	20	29	32	13		W		Same area, but looks like a wheel on the GH for this price.	
	11:37	YR 87%	В	20	23	25	30	3	L		small bear chan exp begins.	
		YR 75%	В	20	23	25	4	24	W		1st touch is 11:40 and at the 100% bear chan exp.	
	12:00	YR 87%	S	20	23	25	20	7	L		Prev buy's 1st tgt and back at the sm bear trend line.	
		YR 87% BOPB	В	20	23	25	3	24	W		· ŭ	
		Pizza time.										
	13:53	GL	В	20	21	23	20	6	L		1st of 3 attractive support prices.	
		YR 62%	В	20	23	25	18	38	W		Also DB and bear chan line. MFE recorded at 2:45.	
1		YPOC	В	20	30	32	11	72	W		MFE to TPOC at 14:58.	

RTY											
Date	Time	Pattern	Side	Risk	Tgt	RFE	MAE	MFE	W/L	Trade	Context & Notes
	14:32	YR 75%		20	2.2	25	44	10	- 1		