

1Shot2Kill.journal

journal.Week#3 JULY 17-21, 2017

FIO JOURNAL CHALLENGE.JULY 2017

July 17, 2017
Authored by: TraderTS

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MON 7/17 Weekly OpEx Strike\$ 2395>2450<2500

CL cSEP not rolling yet...381K vs. 527K //2.8K vs. 2.2K Rolled as of 7:45pmEST //This week Focus more 4CL then 4GC 4ES

FRIDAY Key#:

ES OFA-Order Flow Analysis @2453 7K+ Bid==>Buy pullbackLong

ES 2461VAH 2456.50POC=Gap=3pmEST 2453SWAP 2449VAL=10amEST 2442LOD

//LIS CL=45.30-46.74 NYSE 9:30amEST Open SellOff

//LIS GC=1203-33 Need to BO 1233-36 Range Potential 4500T beCypher ptD T1240-45

Date	Type	#	G/L	Entry	Exit	Reason(s)
7/17/2017	ES Long	1	\$162.50	2454.50	2,457.75	reTested extL2453 @PVT
7/17/2017	ES Short	2	\$225.00	2457.25	2,455.00	PVT Play
7/17/2017	ES Long	1	\$200.00	2454.25	2458.50	2nd reTested extL2453 @PVT
7/17/2017	CL Long	1	\$270.00	46.33	46.60	GapPlay /ptC beCypher /VolSpiked

<https://www.screencast.com/t/q5XvtYXc>

IF cannot hit ptD beCypher T46.75 THEN reverse 2Short go4 T161.8% 46.09

7/17/2017 CL Short 1 \$520.00 46.58 46.06 reTested ptB/D from July 5th

<https://www.screencast.com/t/WWzMIjFnSHfg>

Daily Sim101 Total \$1,377.50

7/17/2017 CL SimShort 1 \$720.00 \$47.06 \$46.34 New Swing Short 4cSEP

<https://www.screencast.com/t/ZZyLcHRnJ>

Daily SimShort Total \$720.00

7/17/2017 QM SimLong 4 \$ \$46.04 \$ New Swing Long 4cAUG

Keep SwingLong until -1Day before Last day to trade cAUG by WED 7/19 (use bigger Stop but no Target)

Note: CL cSEP hit 47.06 at 3.04amEST London Open while I kept waiting for it in cAUG. Furthermore, sellers exhausted since 1:30pmEST but just have to push down 10T above 45.80YL where I was expecting 45.70 as LOD Friday. If I see this pattern again... I would load up the boat "scalping"! LOL

If Hyperlink is not working, then just copy/paste it to your browser.

TUE 7/18

CL 4:30pmEST rptAPI

CL rolled into cSEP as of 7.45pmEST last night. No more positions in cAUG as of today except QM.

See myRolloverTradesTracking in Excel worksheet for more info.

ES o MON 4pmEST MOC @2456 12K Bid #NYSE Open ==> TUE TrendingDay IF holds up OverNight
o WED Weekly OpEx Strike\$ 2395>2450<2500 *Needs to hold Up 2450 Mean Line 2Go Higher

Time	Type	#	G/L	Entry	Exit	Reason(s)
	SimLong					
10:20amEST	ES Long	2	(300.00)	2452.25	2,449.25	2450=OpEx Key# +OFA Bid
10:45amEST	ES Long	2		2449.50		*Swing extL2248 T2466-70-77

Daily SimLong Total (\$300.00)

HOLD this SwingLong 4WED OpEx -- It's a "Hit & Run and Not Looking Back" type of trade! Look at 30M 60M or 90M charts... Straight up after 10amEST.

"XXX", I forgot to move target up so it filled @2459 in second after 6pmEST reOpen.

No more ES SWING - "Drama Queen" got away!

Here is additional \$1000 profit counting in for WED total.

Note to self: DO NOT SET NT7 ATM TARGET FOR SWING TRADE.

Market is difficult but not impossible to "predict" sometimes! Just pay attention and follow the Footprint.,,

WED 7/19

CL 10:30amEST rptInventory

4pmEST Weekly OpEx Strike\$ 2395>2450<2500 2457VAH 2452POC =VAL *ES traded extL2448 T2466-70-77
Must be Trending Day -- Look at 90M Candle Stick Chart with long wick! 10amEST bought at Open and Rally straight up...

TUE ES OFA-Order Flow Analysis @2457 8K+ Bid=>Buy pullbackLong in Over Night

IF No pullback THEN get on the "train" chasing it at NYSE Open @9.30amEST -- this is "just close one eye and hit the BUY button" type of trade!

I got filled 2T above Open... Price action is not moving fast but it's grinding higher, T1 2466 hit 30 minutes later., pullback to retest open then never look back... for now.

Time	Type	#	G/L	Entry	Exit	Reason(s)
	SimLong					
10:45amEST	ES Long	2	1,000	2449.50	2,459.50	2450=OpEx Key# +OFA Bid
9:31amEST	ES Long	1		2462.50		*Swing extL2248 T2466-70-77
9:31amEST	ES Long	2	600	2462.50	2466-70	
T1 2466 \$200		T2 2470 \$400		T3 2477? Keep as 1Runner 4WED FOMC		
Daily SimLong Total			\$1600.00			

* extL2448 (ES 90M Fibonacci drawing from 2434 to 2461)

Well didn't I warn you to hold that "Drama Queen" yesterday?

Have you ever seen a McDREAMY Pattern?

<https://www.screencast.com/t/8kn3OZ8g>

IF you follow the Cypher's rule then it's technically a failed buCypher at ptD but yet it's still going to extreme targets; thus mcDREAMY pattern is born!

I traded very well with CL using Cypher pattern during European session and hitting targets after 10:30amEST Oil Inventory report... Holding 1C SwingLong from 7/18 then next day, add 1C as Intraday SwingLong and 5C as Intraday trades -- see Excel worksheet myRolloverTradesTracking.

Daily ATR is 1.06 which is nothing for Weekly Inventory Report and cSEP Rollover when comparing to past history. Must be Summer slow volume trading.... it's so slow, cannot bring myself to trade 10+ in this environment.

If Hyperlink is not working, then just copy/paste it to your browser.

THU 7/20

See myRolloverTradesTracking in Excel worksheet for Crude Oil trades.

Time	Type	#	G/L	Entry	Exit	Reason(s)
9:31amEST	ES	Long	1	?	2462.50	*7/19 Swing extL2248 T2466-70-77 Keep as 1Runner till WED FOMC
Daily SimLong Total			\$0.00			

Time	Type	#	G/L	Entry	Exit	Reason(s)
10:00amEST	GC	Short	2	570.00	1240.30	1237.40 reTested ONH @POC #Gap
9:31amEST	GC	Long	2	1320.00	1237.90	1244.50 buABC #T1248
Daily Sim101 Total			\$1890.00			

3:30pmEST	GC	SimShort	1	270.00	1245.70	1243 3pmEST Reversal #TP T1247
Daily SimShort Total			270.00			

Cypher pattern of the week...

<https://www.screencast.com/t/Cm95Zts2BxpO>

Don't forget to make a decision to hold or take profit on your Gold GC Swing Long, if you still manage to avoid the Summer Holiday Shake-out.

Just 40 points for a week and haft but still pretty good to call it "Cypher pattern of the week"! It already failed beCypher at ptD 1239 therefore, it became McDREAMY pattern for next week.

So how high will it go?

Well, at least to retest break-out point 1260 at Monthly PVT... but think higher, ok?

It's New Moon and pre-Contracts Rollovers into cDECEMBER next week... Looking forward to it?

FRI 7/21

I know it's slow summer volume trading but it cannot be this slow... with less than 0.40 ATR for Crude Oil since 6pmEST THU reOpen to 6amEST FRI? Olalla! That's 12 hours.

Instead of trading here are my thoughts for this week...

I made more than \$9K using SimLong and SimShort sub-accounts but didn't reach that goal in Sim101 as Intraday Trader.

I was very good in spotting Bottom and Top; however, I executed and managed better with SwingLong than Swing Short.

I hesitated taking profits quickly on Intraday trades, thus I lost them quickly as the result. Learn to protect Swing positions better; lost ES and GC Swing by trailing stops instead of leave them at break-even.

Seeing more Cypher patterns that becoming "McDREAMY patterns in longer time frame; so be more confident to increase and trade with multi-contracts.

By now, you may wonder why don't I post any trades yet?

Because it is very time consuming to track and organize them in a way that I can reuse the worksheet as a template for next rollover. I started out in Microsoft Word but not working out; so I decided to use Microsoft Excel instead.

I would like to "present" them in a different way that would benefit me the most, but easier for you to understand as well. After all, contracts rollover is just a process of "wash, rinse, and repeat", right?

Another Cypher pattern in the making...

<https://www.screencast.com/t/tkqIHIOV9u>

Let's take it easy on Crude Oil CL today, only holding SwingShort in CL and QM because buCypher ptC T127% 47.80 traded THU 7/20 and on its way to ptD T78.6% 44.72 if hwbLong at 50% 45.40 cannot holding up. Can you "smell" cOCTOBER Rollover already started?

By the end of the challenge, Drama Queen ES will be my "Lover" because I was too busy with Contracts Rollover; so I hardly do much homework... but I traded very well with OFA-Order Flow Analysis, OpEx Strike Price, and by pulling extension Fibonacci.

What will become of Crude Oil CL and Gold GC? Well, they are neck-to-neck becoming my "mistress", we shall see who will take the title. Any guess?

<u>Weekly Sim101</u>	<u>Total</u>	<u>3,267.50</u>
<u>Weekly SimLong</u>	<u>Total</u>	<u>1300.00</u>
<u>Weekly SimShort</u>	<u>Total</u>	<u>990.00</u>
	TOTAL	5,557.50

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