

03/12/14
AM

Wednesday

06:01:02

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPrice	DailyVolu	ATR 2
1858.25	271,153	0.76

06:30:43 AM 3.47 :1 NYSE -3.64 :1 NASD

Paper both sides on Open.

07:00:33 AM
2.14 :1 NYSE -2.01 :1 NASD
1858.00 545,864 1.36

09:00:26 AM
1.26 :1 NYSE 1.34 :1 NASD
1864.00 1,040,22 1.15

11:00:27 AM
1.19 :1 NYSE 1.58 :1 NASD
1865.00 1,265,62 0.869

12:00:33 PM
1.18 :1 NYSE 1.47 :1 NASD
1864.50 1,363,97 0.9

01:00:51 PM 1.13 :1 NYSE 1.69 :1 NASD 1867.50 1,591,91 1.04
PAPER sells 1,000 SP contracts plus on CC// OBAMA stands with Ukraine

01:47:11 PM

1868.25 1,660,57 0.779

ES Opening 15 MIN Range = Hi	1861 25
Lo	1855 75
VAL High -	1874 75
POC -	1867 25
VAL Low -	1864 75

SP Pit Opening Range =	1859 1888 20	SP Pit Open:
Sp Pit END OF DAY High-	1868 50	Cash Close:
Day Low -	1859 20	Paper Sell.
CLOSING RANGE:		Pit Close:
High -	1868	MIXED
Low -	1867 50	bs Buy
Settle -	1867 70	SYCORP SELL
Net Change -	- 2.50	

Elephant Stomps/TINYS

ES 03-14		
Ask	1867.75	1000
Bid	1867.50	831
Volume	1648900	
1:14:40 PM	1867.75	500
1:11:51 PM	1868.00	776
1:11:19 PM	1867.75	535
1:04:01 PM	1867.50	898
1:01:54 PM	1867.25	525
1:01:15 PM	1867.25	687
12:59:59 PM	1867.50	790
12:59:56 PM	1867.75	1000
12:59:03 PM	1867.00	789
12:56:13 PM	1866.25	800
12:49:55 PM	1866.75	695
12:48:02 PM	1865.75	500
12:47:28 PM	1865.75	999
12:46:48 PM	1864.75	752
12:46:39 PM	1864.75	544
12:31:20 PM	1863.00	500
12:30:41 PM	1863.25	584
12:28:46 PM	1863.00	540
12:24:54 PM	1864.00	500
12:21:48 PM	1863.75	800
12:21:11 PM	1863.75	624
12:18:59 PM	1863.25	592
12:17:02 PM	1863.50	526
12:14:56 PM	1864.25	500
12:13:41 PM	1864.75	689
12:13:24 PM	1864.75	517
12:03:19 PM	1864.50	590
11:59:27 AM	1864.50	658
11:52:17 AM	1865.75	511
9:52:59 AM	1864.50	518
9:48:24 AM	1864.75	729
8:53:25 AM	1866.00	577
8:35:11 AM	1867.25	605
8:25:56 AM	1868.25	987
8:19:52 AM	1865.50	500
8:12:52 AM	1864.50	500
8:10:59 AM	1865.25	878
8:10:31 AM	1865.25	510
8:07:42 AM	1865.00	754
8:00:58 AM	1864.50	554
7:14:40 AM	1860.00	580
7:10:19 AM	1862.50	500
6:54:50 AM	1857.00	840
6:47:49 AM	1854.25	614
6:45:29 AM	1855.75	881

03/12/14

Wednesday

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What I did well today: * Today I continued to SIM trade. * I stayed in SIM today.

What could I have done better: * Paid more attention to SIM trades * Not try to Hollywood the follow on trades to make up for earlier losses instead of tripling them. * Learn to quit while I am behind.

What will I do tomorrow to make things better: * Tomorrow is the one week anniversary of my fathers death. Another SIM trading day if at all.

Trade #	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Exit name	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 03-14	Sim101	Long	1	1866.5	1864.5	3/12/2014 8:22 AM	3/12/2014 8:56 AM		-104.02	-104.02	4.02	100	100	204.02
2	ES 03-14	Sim101	Long	1	1865	1864.5	3/12/2014 8:56 AM	3/12/2014 8:56 AM		-29.02	-133.04	4.02	25	0	0
3	ES 03-14	Sim101	Short	1	1863	1864.5	3/12/2014 9:27 AM	3/12/2014 9:53 AM	Close	-79.02	-212.06	4.02	100	25	104.02
4	ES 03-14	Sim101	Short	3	1864	1867.25	3/12/2014 10:12 AM	3/12/2014 11:06 AM		-499.56	-711.62	12.06	487.5	225	724.56
5	ES 03-14	Sim101	Short	3	1864.75	1867.25	3/12/2014 10:46 AM	3/12/2014 11:06 AM		-387.06	-1098.68	12.06	375	37.5	424.56

