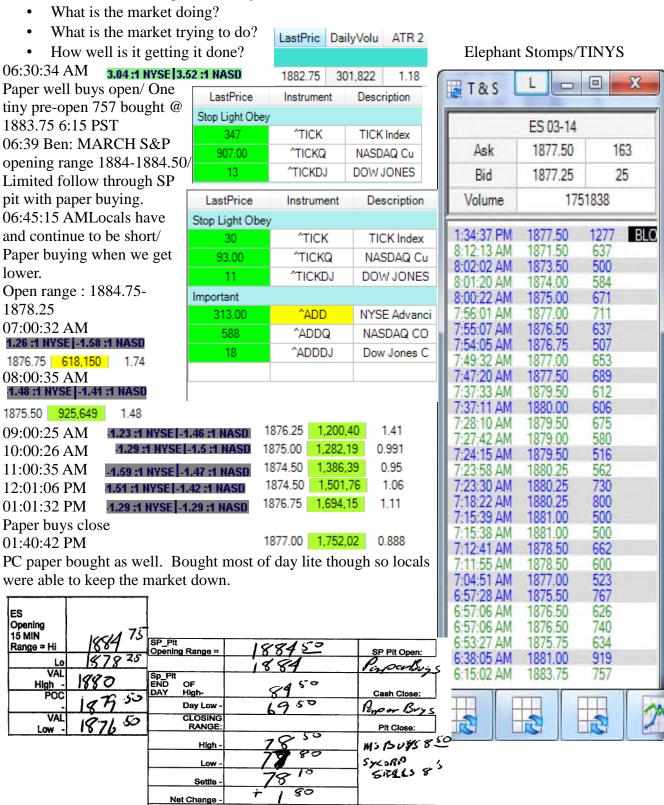
Questions to answer throughout the day:



What I did well today: * Video Cap Day * Used Stops * SIM as father died yesterday didn't know how emotional my trading would be * Week recap although only traded one day * Read market today.

What could I have done better: * Moved stops at first sign of trade pull back after initial 10 tick advance.

What will I do tomorrow to make things better:* Get better nights sleep before trading. * Review and prep for the trading day on Sunday.



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