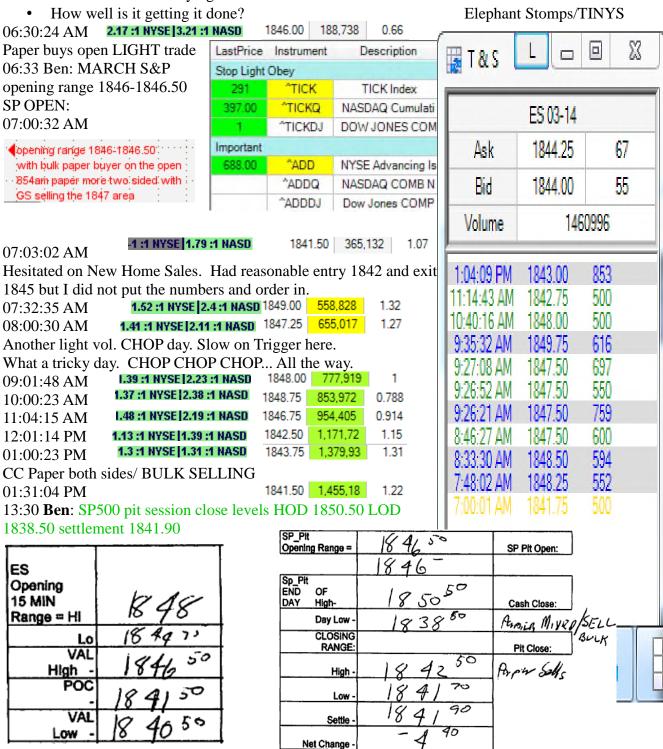
AM

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?



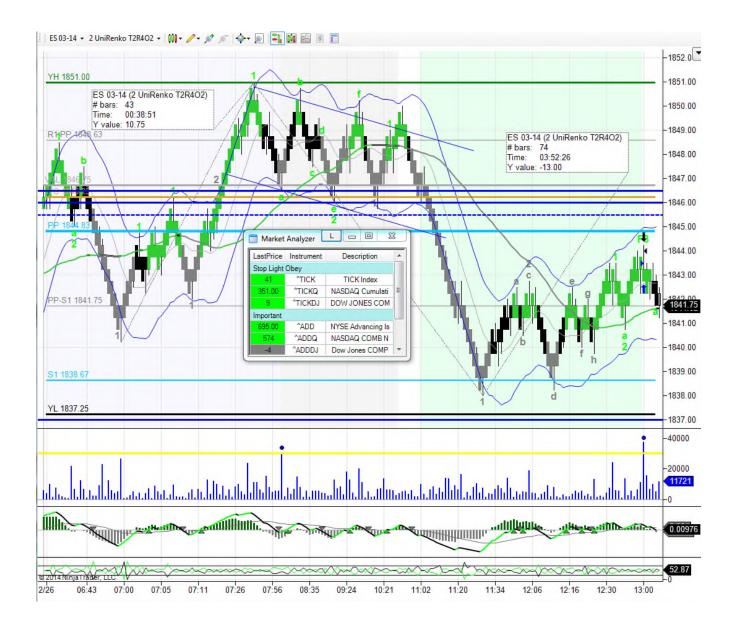
AM

Tra	ade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD	Bars
	1	ES 03-14	Sim101	Long	1	1843.5	1844	2/26/2014 12:59 PM	2/26/2014 12:59 PM	20.98	20.98	4.02	12.5	37.5	16.52	0

What I did well today: * Recognized still emotional so didn't trade other than one small SIM two tick trade.

What could I have done better: * Taken the day off entirely.

What will I do tomorrow to make things better: * Not sure.



02/26/14 Wednesday 2 26FEB14.odt