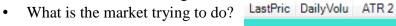
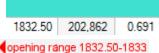
Questions to answer throughout the day:

• What is the market doing?



• How well is it getting it done? 06:31:07 AM 2.98:1 HYSE 1-1.78:1 HASD



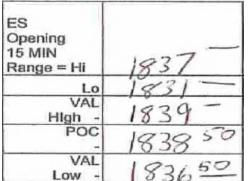
1838.75 389,794

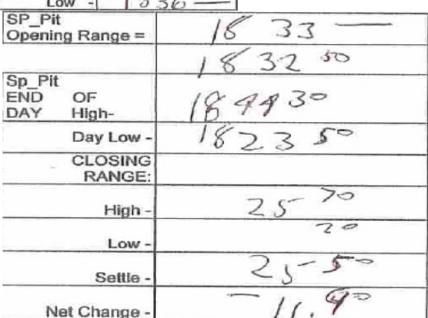
07:00:24 AM **1.1:1 NYSE -1.27:1 NASD**

Took an order short, was not my idea so closed it out when market didn't continue to drop as first went against me a point and half then didn't hit my 6 tick target. CHOP day since open rip up.

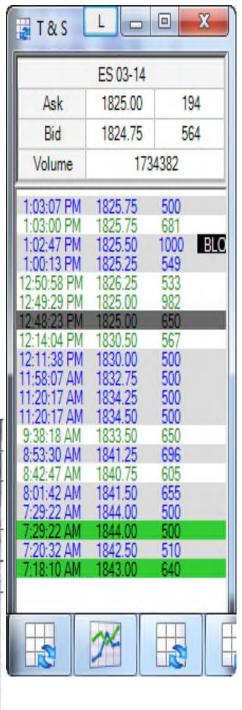
Althgouh not much of a true rip less than 10 pts. Range.

08:01:01 AM	1.37 :1 NYSE 1.09 :1 NASD	1841.75	684,449	1	
09:14:26 AM	1.13 :1 NYSE -1.35 :1 NASD	1835.25	894,690	1.01	
10:00:38 AM	1.36 :1 NYSE -1.58 :1 NASD	1833.50	1,042,34	1.12	
12:00:42 PM	1.27 :1 NYSE -1.46 :1 NASD	1833.25	1,357,32	1.51	
01:00:26 PM	2.29 :1 NYSE -2.18 :1 NASD	1825.50	1,651,63	1.44	
01:37:15 PM		1826.50	1,759,36	1.18	





Elephant Stomps/TINYS



02/19/14 Wednesday 1 19FEB14.odt

AM

06:36

06:59

07:15

07:58

08:59

09:16

What I did well today: * I did get out and traded * I did protect from loss * I SIM Traded as have personal issues w/ family that will affect trading. *Exited trades before they became major losers. What could I have done better: *I could have entered right side of trade * Still taking to large risk on FOMC announcement. Next FOMC will try to SIM again even if I am cash trading by then *Read market direction better, almost every trade was in the wrong direction for the overall market. What will I do tomorrow to make things better: * I'll be sure to get enough sleep and visualize a successful day before my first trade.

Trade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Exit name	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 03-14	Sim101	Short	1	1838.5	1838.25	2/19/2014 6:58 AM	2/19/2014 7:05 AM		8.48	8.48	4.02	62.5	62.5	54.02
2	ES 03-14	Sim101	Long	1	1842.75	1843	2/19/2014 7:16 AM	2/19/2014 7:38 AM		8.48	16.96	4.02	50	75	66.52
3	ES 03-14	Sim101	Long	1	1834.5	1834.75	2/19/2014 10:08 AM	2/19/2014 10:12 AM		8.48	25.44	4.02	12.5	37.5	29.02
4	ES 03-14	Sim101	Short	1	1834.5	1834.25	2/19/2014 11:00 AM	2/19/2014 11:02 AM		8.48	33.92	4.02	62.5	12.5	4.02
5	ES 03-14	Sim101	Short	1	1835.5	1834.25	2/19/2014 11:01 AM	2/19/2014 11:02 AM		58.48	92.4	4.02	87.5	75	16.52
6	ES 03-14	Sim101	Short	1	1836.5	1834.25	2/19/2014 11:01 AM	2/19/2014 11:02 AM		108.48	200.88	4.02	0	125	16.52
7	ES 03-14	Sim101	Long	1	1837.75	1838.25	2/19/2014 11:07 AM	2/19/2014 11:08 AM	Close	20.98	221.86	4.02	0	50	29.02
8	ES 03-14	Sim101	Long	1	1836	1836.25	2/19/2014 11:16 AM	2/19/2014 11:17 AM		8.48	230.34	4.02	25	12.5	4.02
R2 1844 83 R2-R1 1843 00 R1 1841 17 YH 1840 00 R1 1837 50 2 R2 1834 83 R3 1834 10 R3 1834 10									-1846.0 -1844.00 -1842.00 -1840.00 -1836.00 -1834.00						
S1-\$2 18 S2 1827 8	30.25		ES 03-14 (2 Ui # bars: 39 Time: 01:08 Y value: 13.50	:00	PR402)		ES 03-14 (2 UniR # bars: 168 Time: 05:14:41 Y value: -21.50				F3	3		-183 183	32.00 30.00 29.45 28.00
S2-S3 187	23.58													-182	26.00 25.25 24.00 22.00
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02/19/14 Wednesday 2 19FEB14.odt

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39.77