

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

	LastPric	DailyVolu	ATR 2
06:32:12 AM	1.66 :1 NYSE 2.32 :1 NASD	1797.50	327,165
Paper buys open			1.17
08:02:07 AM	2.4 :1 NYSE 1.7 :1 NASD	1804.25	737,383
09:01:00 AM	3.9 :1 NYSE 2.32 :1 NASD	1809.75	998,233
10:00:32 AM	4.78 :1 NYSE 3.03 :1 NASD	1810.75	1,127,30
11:00:50 AM	4.72 :1 NYSE 3.07 :1 NASD	1813.25	1,283,09
12:30:39 PM	5.36 :1 NYSE 2.88 :1 NASD	1817.50	1,515,12
01:00:21 PM	5.05 :1 NYSE 2.82 :1 NASD	1814.50	1,639,90

PAPER BUYS CC// Been buying all day

01:37:45 PM END of day ran out of 1812.75 | 1812.75 1,756,82
steam early. Forgot at end of the day to catch the rest of my tiny trades. Oh well learning each day.

ES Opening 15 MIN Range = Hi	00 ²⁵	
Lo	95 ²⁵	
VAL High -	1794 ⁵⁰	← PLOT ON TOSS AND NT7
POC -	1791 ⁵⁰	
VAL Low -	1790	
VPOC's to watch -	1813 22 1/2	38 1/4 176 1/2

SP_Pit Opening Range =	97 -	SP Pit Open:
	96 ⁵⁰	Paper Buys
Sp_Pit END OF DAY High-	18 19 ³⁰	Cash Close:
Day Low -	1796 ⁵⁰	Paper Buys
CLOSING RANGE:		Pit Close:
High -	18 13 ⁷⁰	Locals Buy
Low -	18 13 ²⁰	Paper Sell
Settle -	18 13 ⁶⁰	
Net Change -	18 ⁹⁰	

Elephant Stomps/TINYS

ES 03-14		
Ask	1813.50	379
Bid	1813.25	261
Volume	1284789	
10:58:21 AM	1813.00	500
10:48:29 AM	1814.25	506
10:26:48 AM	1813.50	667
10:16:16 AM	1813.50	628
10:15:36 AM	1813.75	600
10:14:17 AM	1813.75	759
9:26:39 AM	1808.75	575
9:23:32 AM	1808.50	500
8:26:51 AM	1807.00	600
8:25:04 AM	1807.25	500
8:19:57 AM	1806.50	647
8:18:17 AM	1804.50	560
7:55:38 AM	1801.25	500
7:52:25 AM	1802.25	561
7:49:42 AM	1802.50	559
7:09:09 AM	1799.50	600
6:58:30 AM	1800.25	600
6:45:14 AM	1800.25	500

06:19:12 AM

Trade #	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD	Bars
1	ES 03-14	Sim101	Long	1	1797.75	1799.75	2/11/2014 6:36 AM	2/11/2014 6:43 AM	95.98	95.98	4.02	25	100	4.02	0
2	ES 03-14	Sim101	Long	1	1801.25	1801.5	2/11/2014 6:47 AM	2/11/2014 7:20 AM	8.48	104.46	4.02	137.5	112.5	104.02	0
3	ES 03-14	Sim101	Long	1	1799.75	1803.75	2/11/2014 7:00 AM	2/11/2014 7:26 AM	195.98	300.44	4.02	50	200	4.02	0

What I did well today:

I traded with the market vice against it.

Traded SIM as not feeling it yet.

What could I have done better:

I lost energy, so I could have put in a few more trades.

I also could have traded multiple contracts holding one for long run.

What will I do tomorrow to make things better:

Continue with pre-market prep.

Sleep on time tonight.



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