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LastPric Instrume Descripti

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1.48

TICK In

NASDA

DOW J

NYSE A

1766.00 498,312

Stop Light Obey

-620

-638.00

-13

Important

-1661.0

Questions to answer throughout the day:

- What is the market doing? POP
- What is the market trying to do?
- How well is it getting it done?

Okay I traded for one F'n TICK.

I can hear my brain screaming at me that I don't deserve to make this money period. Have to calm down, have to trust my knowledge, have to start listening. Have

to be willing to risk four points in a trade and HOLD TH E DAMN thing to completion.

09:00:33 AM	4.79 :1 NYSE -1.3 :1 NASD	1781.25	1,370,44	1.62
10:03:33 AM	-2 :1 NYSE -1.36 :1 NASD	1780.75	1,544,82	1.27
12:11:36 PM		1781.25	1,922,67	1.25
01:00:35 PM	-2.91 :1 NYSE -1.75 :1 NASD	1776.25	2,199,10	1.5

Paper both sides CC / Bulk buyers on CC 01:02:17 PM Paper started buying after CC.



Elephant Stomps/TINYS



The ADD was -778 EOD down for day. :(Interesting to see GLOBEX.

Paper buyers on PC.// One small CASH TRADE TODAY... Hard to get started still.

Trade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD	Bars
1	ES 03-14	CASH	Long	1	1775	1775.25	1/31/2014 8:04 AM	1/31/2014 8:04 AM	8.48	8.48	4.02	0	25	16.52	0
2	ES 03-14	Sim101	Long	1	1781	1778.25	1/31/2014 8:59 AM	1/31/2014 9:32 AM	-141.52	-133.04	4.02	137.5	150	291.52	0
3	ES 03-14	Sim101	Short	1	1784.5	1787.5	1/31/2014 11:13 AM	1/31/2014 11:39 AM	-154.02	-287.06	4.02	150	150	304.02	0
4	ES 03-14	Sim101	Short	1	1785.25	1784.25	1/31/2014 11:25 AM	1/31/2014 11:57 AM	45.98	-241.08	4.02	125	175	129.02	0
5	ES 03-14	Sim101	Short	1	1786.75	1784.25	1/31/2014 11:42 AM	1/31/2014 11:57 AM	120.98	-120.1	4.02	87.5	250	129.02	0
6	ES 03-14	Sim101	Short	1	1786.75	1781.5	1/31/2014 11:42 AM	1/31/2014 12:08 PM	258.48	138.38	4.02	75	262.5	4.02	0