0.529

0.742

0.898

0.733

Questions to answer throughout the day:

• What is the market doing?

What is the market trying to do? LastPrice DailyVolu ATR 2 min (

How well is it getting it done? 4.47 :1 NYSE 1.25 :1 NASD 1762.00 147,854 06:30:23 AM 06:50:16 AM SP OPEN RANGE 1762 – 1762.20 ES Open 15MIN Range 1763 – 1760 07:00:21 AM **5.35:1 NYSE -1.04:1 NASD** 1759.25 275.868 1.85 :1 NYSE 1.06 :1 NASD 1757.00 438,220

On Hour SWISSY aggressive seller over 200 cars. However the volume for the day is still lite. Not seeing VOLUME on Trade ES. Really not a time to JUMP in...

08:55:30 AM	2.27 :1 NYSE   1.47 :1 NASD	1759.00	561,432	0.808
09:00:27 AM	2.17 :1 NYSE   1.48 :1 NASD	1758.50	577,667	0.79
10:00:28 AM	2.27 :1 NYSE   1.23 :1 NASD	1758.25	649,256	0.713
11:00:28 AM	2.57 :1 NYSE   1.27 :1 NASD	1760.25	713,169	0.591
12:00:59 PM	2.7 :1 NYSE 1.44 :1 NASD	1761.00	795,773	0.579
01:00:20 PM	2.98 :1 NYSE   1.59 :1 NASD	1763.75	943,044	0.738
D 1 00				

Paper buys CC 01.15.01 DM

08:00:23 AM

01:15:01 PM	2.83 :1 NYSE   1.59 :1 NASD	1762.75	990,756	
<b>50.0</b> ·			SP	-

ES Opening 15 MIN Range = Hi	1763.00	DELTA	
Lo	1760.00	3.00	
VAL <u>Hlgh</u> -	1758.50		
POC -	1754.50		
VAL Low -	1751.00	7.50	
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.			
ES	Volume	Change	
OPEN	147		
10	275	128	
11	438	163	
12	577	139	
1	649	72	
2	713	64	
3	795	82	
Cash CLOSE	943	148	
PIT CLOSE	990	47	

## Elephant Stomps/TINYS

	ES 12-13			
Ask	1763,50	1209		
Bid	1763,25	604		
Volume	961028			
11:00:17 AM 11:00:17 AM	1760.00 1760.00	500 500		
8:11:20 AM 8:10:37 AM 6:42:19 AM	1756.50	500 500 500		
6:30:01 AM	1762.25	503		

SP_Pit Opening Range =	1762.20	DELTA
Sp Pit	1762.00	0.20
SP_Pit Day High -	1764.00	
Day Low -	1756.30	7.70
Closing Range High -	1763.00	
Low -	1762.70	0.30
Settle -	1763.00	
Net Change -	8.30	

11/04/13 Monday 1 04NOV13.odt

## What I did well today:

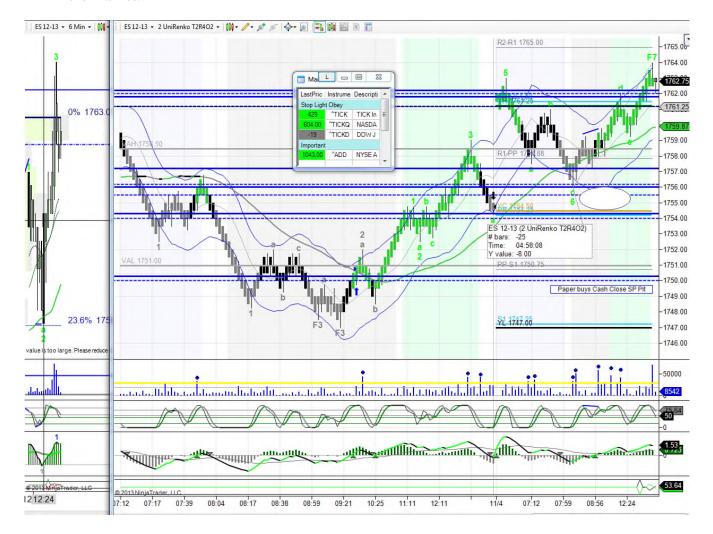
- Today was a light volume go nowhere chop day and I did not rush into any trading.
- I saw the immediate moves of the market and the market divergences forming real time.
- For much of the day I was accurate as to direction and trend of the market.
- Did my video review of the day real time.

## What could I have done better:

- Even though I did not take the first market entry for a long this afternoon I was offered a higher probability trade risking less money, however I hesitated.
- Days like today with low volume are days that I need to learn how to trade properly, right now I am SOH which is causing no harm, yet yielding 0.00.

## What will I do tomorrow to make things better:

- Get sleep.
- RRRRRR's tonight.
- Continue to weigh all the pros and cons while working to achieve the 10,000 foot perspective of the market.



11/04/13 Monday 2 04NOV13.odt