

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

06:30:23 AM 4.47 :1 NYSE 1.25 :1 NASD 1762.00 147,854 0.529

06:50:16 AM SP OPEN RANGE 1762 – 1762.20

ES Open 15MIN Range 1763 – 1760

07:00:21 AM 5.35 :1 NYSE 1.04 :1 NASD 1759.25 275,868 0.742

08:00:23 AM 1.85 :1 NYSE 1.06 :1 NASD 1757.00 438,220 0.898

On Hour SWISSY aggressive seller over 200 cars. However the volume for the day is still lite. Not seeing VOLUME on Trade ES. Really not a time to JUMP in...

08:55:30 AM 2.27 :1 NYSE 1.47 :1 NASD 1759.00 561,432 0.808

09:00:27 AM 2.17 :1 NYSE 1.48 :1 NASD 1758.50 577,667 0.79

10:00:28 AM 2.27 :1 NYSE 1.23 :1 NASD 1758.25 649,256 0.713

11:00:28 AM 2.57 :1 NYSE 1.27 :1 NASD 1760.25 713,169 0.591

12:00:59 PM 2.7 :1 NYSE 1.44 :1 NASD 1761.00 795,773 0.579

01:00:20 PM 2.98 :1 NYSE 1.59 :1 NASD 1763.75 943,044 0.738

Paper buys CC

01:15:01 PM 2.83 :1 NYSE 1.59 :1 NASD 1762.75 990,756 0.733

Elephant Stomps/TINYS

ES 12-13		
Ask	1763.50	1209
Bid	1763.25	604
Volume	961028	
Recent Trades:		
11:00:17 AM	1760.00	500
11:00:17 AM	1760.00	500
8:11:20 AM	1756.75	500
8:10:37 AM	1756.50	500
6:42:19 AM	1760.50	500
6:30:01 AM	1762.25	503

ES Opening	1763.00	DELTA
15 MIN Range = Hi		
Lo	1760.00	3.00
VAL High -	1758.50	
POC -	1754.50	
VAL Low -	1751.00	7.50
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	147	
10	275	128
11	438	163
12	577	139
1	649	72
2	713	64
3	795	82
Cash CLOSE	943	148
PIT CLOSE	990	47

SP_Pit	1762.20	DELTA
Opening Range =		
Sp Pit	1762.00	0.20
SP_Pit	1764.00	
Day High -		
Day Low -	1756.30	7.70
Closing Range	1763.00	
High -		
Low -	1762.70	0.30
Settle -	1763.00	
Net Change -	8.30	

What I did well today:

- Today was a light volume go nowhere chop day and I did not rush into any trading.
- I saw the immediate moves of the market and the market divergences forming real time.
- For much of the day I was accurate as to direction and trend of the market.
- Did my video review of the day real time.

What could I have done better:

- Even though I did not take the first market entry for a long this afternoon I was offered a higher probability trade risking less money, however I hesitated.
- Days like today with low volume are days that I need to learn how to trade properly, right now I am SOH which is causing no harm, yet yielding 0.00.

What will I do tomorrow to make things better:

- Get sleep.
- RRRRRR's tonight.
- Continue to weigh all the pros and cons while working to achieve the 10,000 foot perspective of the market.

