

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPrice	DailyVolu	ATR 2 min
1743.50	256,502	0.701

Elephant Stomps/TINYS

06:30:35 AM -2.11 :1 NYSE -1.78 :1 NASD

SYCORP light buyer on open/ Locals sell

06:32 Ben: DEC S&P opening range 1743.50 to 1743.30

07:00:37 AM	-2.72 :1 NYSE -4.75 :1 NASD	1737.00	468,904	1.01
08:00:19 AM	-2.39 :1 NYSE -4.35 :1 NASD	1737.75	769,576	1.3
09:00:44 AM	-1.85 :1 NYSE -3.66 :1 NASD	1740.00	925,476	1.17
10:00:21 AM	-1.91 :1 NYSE -3.28 :1 NASD	1740.25	1,041,01	0.926
11:01:22 AM	-2.23 :1 NYSE -3.64 :1 NASD	1739.75	1,141,09	0.856
12:00:30 PM	-1.9 :1 NYSE -3.39 :1 NASD	1742.25	1,256,80	0.816
01:00:30 PM	-2.15 :1 NYSE -3.34 :1 NASD	1741.25	1,451,85	0.903

Paper buyers CC

01:16:18 PM -2.13 :1 NYSE -3.35 :1 NASD 1741.75 1,511.02 0.832

GS/ Merrill/ SHYCORP sell close

13:18 Ben: SP500 pit session closed pit HOD 1743.90 LOD 1734.50 settle 1741.80 -7.60

ES 12-13		
Ask	1742.00	3397
Bid	1741.75	179
Volume	1478931	
1:03:41 PM	1741.75	531
1:02:42 PM	1741.75	526
1:01:41 PM	1741.75	682
1:01:40 PM	1741.75	923
1:00:34 PM	1741.50	944
12:59:40 PM	1740.00	500
12:28:27 PM	1740.00	550
12:20:27 PM	1739.50	640
9:24:49 AM	1737.75	500
9:17:08 AM	1739.25	693
8:32:49 AM	1740.75	500
8:22:51 AM	1740.25	735
7:52:15 AM	1735.25	500
7:01:59 AM	1737.00	600
6:53:41 AM	1739.75	507
6:49:44 AM	1740.00	538
6:48:12 AM	1740.25	1172
6:48:05 AM	1740.50	515
6:46:41 AM	1741.00	700
6:46:20 AM	1741.00	500
6:44:51 AM	1741.50	503
6:44:16 AM	1742.25	500
6:43:59 AM	1742.50	584
6:43:41 AM	1743.00	500
6:33:31 AM	1743.50	499

ES Opening	1744.00	DELTA
15 MIN Range = Hi		
Lo	1740.75	3.25
VAL High -	1752.00	
POC -	1749.00	
VAL Low -	1745.50	6.50
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	256	
10	468	212
11	769	301
12	925	156
1	1041	116
2	1141	100
3	1256	115
Cash CLOSE	1451	195
PIT CLOSE	0	-1451

SP_Pit	1743.50	DELTA
Opening Range =		
Sp_Pit	1743.30	0.20
SP_Pit	1743.90	
Day High -		
Day Low -	1734.50	9.40
Closing Range	1742.00	
High -		
Low -	1741.50	0.50
Settle -	1741.80	
Net Change -	-7.60	

10/23/13  
AM

Wednesday

06:18:08

What I did well today: - Spotted chop and stayed out of market.  
- Today was what I call a counter indicator day. Shortly after 90% of entry signals there were reversals in the market direction followed by counter signals as well. It was a risk two to make one type day and I did not trade as that is not good math.

What could I have done better:

- I have to learn how to trade chop

What will I do tomorrow to make things better:

- After identified pattern of the market I could do some test trades.
- Work to keep my head in the market.
- Work to track PSYCH CAP and how I am treading.



10/23/13

Wednesday

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