

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

06:31:24 AM **-1.8 :1 NYSE** **1.06 :1 NASD** 1701.50 270,829 1.19

Paper buys/ Locals Sell Open

06:31 Ben: DEC S&P opening range 1700-1701

07:00:22 AM **-1.68 :1 NYSE** **1.18 :1 NASD** 1700.75 501,128 1.44

08:00:37 AM **-1.92 :1 NYSE** **-1.28 :1 NASD** 1699.25 746,595 1.32

09:00:42 AM **-1.23 :1 NYSE** **-1.19 :1 NASD** 1701.75 1,012,47 1.4

10:00:43 AM **-1.63 :1 NYSE** **-1.21 :1 NASD** 1700.75 1,101,39 1.12

11:00:29 AM **-1.58 :1 NYSE** **-1.53 :1 NASD** 1700.50 1,179,88 0.931

12:00:26 PM **-2.58 :1 NYSE** **-2.51 :1 NASD** 1695.50 1,493,33 1.63

01:00:23 PM 1692.25 1,769,94 1.54

CC Paper sells 400cars plus 4's and 92.'s Locals buy covering some shorts.

01:15:05 PM **-3.11 :1 NYSE** **-3.74 :1 NASD** 1692.25 1,829,84 1.39

Paper sells PC also.

ES Opening	1702.00	DELTA
15 MIN Range = Hi		
Lo	1695.00	7.00
VAL High -	1702.50	
POC -	1688.75	
VAL Low -	1685.75	16.75
VPOC's to watch -	New today	1685.75
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	270	
10	501	231
11	746	245
12	1012	266
1	111	-901
2	1179	1068
3	1493	314
Cash CLOSE	1769	276
PIT CLOSE	1829	60

- FOCUS FOCUS FOCUS

What will I do tomorrow to make things better:

- Approach with caution.

Elephant Stomps/TINYS

T & S		
ES 12-13		
Ask	1692.75	1277
Bid	1692.75	1033
Volume	1829841	
1:01:41 PM	1693.00	500
1:00:06 PM	1692.25	507
12:59:17 PM	1692.75	548
11:24:05 AM	1698.00	537
9:35:31 AM	1701.50	617
8:12:34 AM	1702.50	716
7:24:41 AM	1703.00	519
7:22:36 AM	1702.00	500
6:59:26 AM	1699.50	661
6:42:05 AM	1696.75	977
6:32:58 AM	1698.50	500

SP_Pit	1701.00	DELTA
Opening Range =		
Sp Pit	1700.00	1.00
SP_Pit		
Day High -	1706.00	
Day Low -	1689.50	16.50
Closing Range		
High -	1692.80	
Low -	1692.20	0.60
Settle -	1692.00	
Net Change -	-12.30	

What I did well today:

- Did not chase
- Spotted chop moves

What could I have done better:

- Get out in front of a trade or two early.
- Rewrite my trading rules.

- Enter trade assume loss on entry so as to protect psych cap.
- Move stop later in trade to get longer run.

