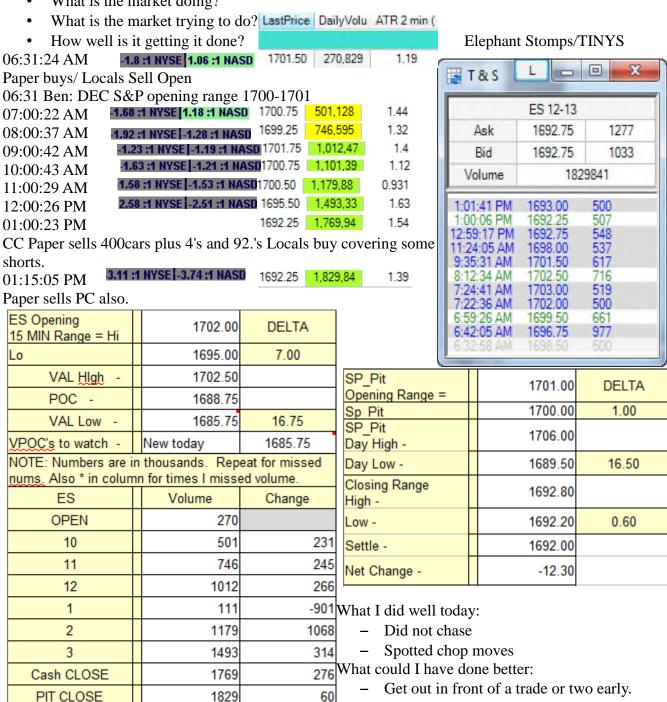
Questions to answer throughout the day:

• What is the market doing?



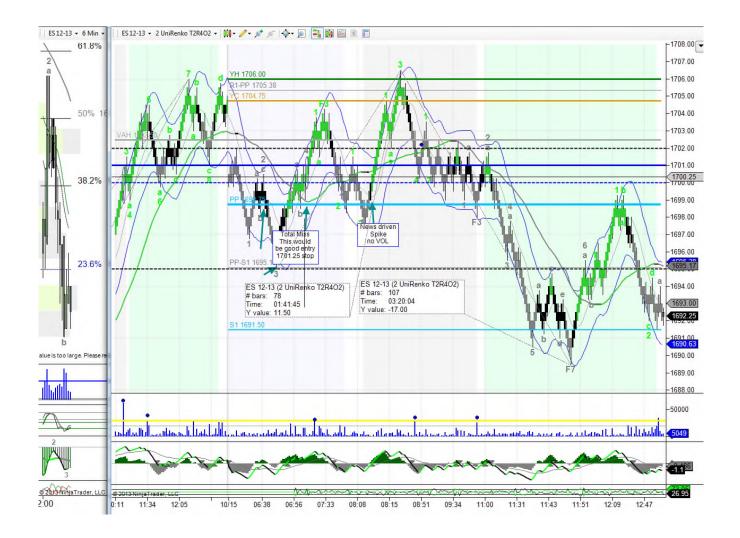
## FOCUS FOCUS FOCUS

What will I do tomorrow to make things better:

Approach with caution.

Rewrite my trading rules.

- Enter trade assume loss on entry so as to protect psych cap.
- Move stop later in trade to get longer run.



10/15/13 Tuesday 2 15OCT13.odt