10/10/13 AM

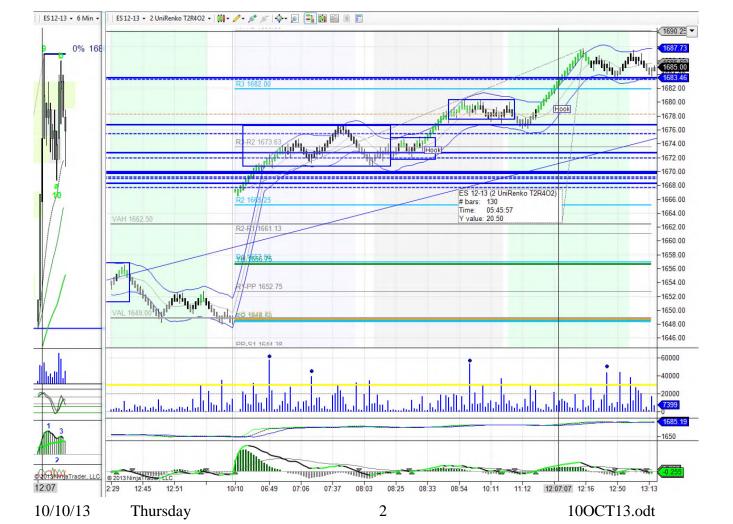
Questions to answer throughout the day:

Questions to answer	throughout the d	ay:							
• What is the n	narket doing?								
• What is the m	narket trying to d	0? LastPrice	DailyVolu	ATR 2 min (
How well is it getting it done?						Elephant Stomps/TINYS			
06:30:14 AM 13.3	9 :1 NYSE 11.9 :1 NAS	SD 1667.50	374,989	1.03	-	-	1	• ×	
Heavy Paper buyers on Open						T&S			
SP Open range $1667.7 \rightarrow 1668.3$					ES 12-13				
07:00:23 AM 10.07 :1 NYSE 17.94 :1 NA			61,313	1.15	F	Ask	1685.00	310	
00.00.37 ANI	6 :1 NYSE 11.41 :1 NA		83,838	1.16	E	Bid	1685.00	186	
07.15.007101	:1 NYSE 11.84 :1 NAS		,389,19	1.24	Volume		2260289		
				0.896					
11.00.211101	1 NYSE 11.59 :1 NAS 1 NYSE 11.52 :1 NAS		597,55	0.811	1:	14:52 PM	1685.00	504	
12.01.33 F M		1070.00	,718,50	0.8	1:	13:31 PM	1684.00	826	
			150,16	1.14 1.13	11	04:19 AM	1678.25	500	
011101091111	1 NYSE 12.01 :1 NAS	0 1003.23 2	,200,20	1.15	11	04:11 AM	1678.50	500	
ES Opening 15 MIN Range = Hi	1672.50	DELTA			10	46:09 AM 29:38 AM	1678.25 1677.75	500 500	
Lo	1767.25	94.75	-		8:	46:43 AM	1678.50	537	
		94.70				34:54 AM 37:57 AM	1676.00 1675.25	500 703	
VAL High -	1654.00		_			18:45 AM 33:16 AM	1671.75	625 601	
POC -	1652.50				0.	33. 10 AM	1003.00	1001	
VAL Low -	1646.00	8.00	SP_F				1668.30	DELTA	
NOTE: Numbers are in thousands. Repeat for missed				Opening Range = Sp Pit			1667.70	0.60	
nums. Also * in colum	for times I missed volume.			SP Pit				0.00	
ES	Volume	Change	_	Day High -			1687.00		
OPEN	374		Day I	Low -			1667.30	19.70	
10	<mark>661</mark>	28		Closing Range			1685.50		
11	983	32					1004 50	1.00	
12 *	1223	24					1684.50	1.00	
1	1471	24					1685.00		
2	1597	12	26 Net C	Change -			36.20		
3	1718	12	21						
Cash CLOSE	2150	43	² What	What I did well today: - checklist					
PIT CLOSE	2260	11	0						

What could I have done better: - Everything. I have to get myself trading and get over that FEAR DELAY.

What will I do tomorrow to make things better: - Sleep.

- Trade without DELAY.



10/10/13 AM