Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do? LastPrice DailyVolu ATR 2 min (

How well is it getting it done?

11:26:32 AM **2.36:1 NYSE | 1.1:1 NASD** 1653.00 298,036 0.847

Paper sold 450+ cars on OPEN Low 51.70

Locals Buying but appear flipping on screen.

06:32 Ben: DEC S&P opening range 1653-1651.70

First trade losing trade was looking to catch second wave in down trend. Well it was a full reversal. :(Lost 8 ticks in trade. Stuck with the trade. Was up by as much as three ticks into trade. Taken out in less than 10 mins. #\$(*&&. Time and Sales tipped me off early that I should not have entered trade. Oh well. NEXT.

NOTE for FUTURE: Only place where I will go against indicators in the future ever is inside the value area and only when OPEN inside the value area.

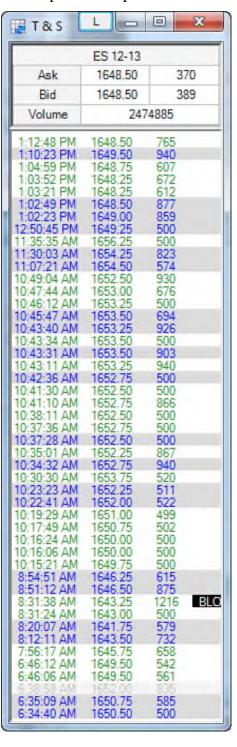
11:26:32 AM	1.48 :1 NYSE -4.51 :1 NASD	1646.75	1,322,60	1.41
11:26:32 AM	4.34 :1 NYSE -4.31 :1 NASD	1646.00	1,489,88	1.17
11:26:32 AM	1.73 :1 NYSE -1.87 :1 NASD	1655.75	1,871,48	1.35
12:01:05 PM	1.82 :1 NYSE -1.11 :1 NASD	1656.25	2,083,94	1.42
01:00:41 PM	1.13 :1 NYSE -2.19 :1 NASD	1649.50	2,395,33	1.61

PC PAPER SELLS 49 – 48.5 ON CLOSE GOOD VOL

ES Opening 15 MIN Range = Hi	1653.00	DELTA
Lo	1648.25	4.75
VAL <u>High</u> -	1662.50	
POC -	1656.00	
VAL Low -	1649.00	13.50

NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.							
ES	Volume	Change					
OPEN	298						
10	537	239					
11	953	416					
12	1322	369					
1	1489	167					
2	1871	382					
3	2083	212					
Cash CLOSE	2395	312					
PIT CLOSE	2474	79					

Elephant Stomps/TINYS



1.53

OD Dit		
SP_Pit	1653.00	DELTA
Opening Range =		
Sp Pit	1651.70	1.30
SP Pit	4050.00	
Day High -	1656.80	,
Day Low -	1640.50	16.30
Closing Range	1649.20	
High -	1043.20	
Low -	1648.30	0.90
Settle -	1648.80	
Settle -	1040.00	
Net Change -	-1.60	
Net Ollange	-1.00	

What I did well today: - I did get out in front of a trade.

- Stuck with the trade.
- Protected capital by stopping after first loss.
 What could I have done better: Better monitor trades.
 - Trade more at the edges than in the middle.
 - Catch first wave down.

What will I do tomorrow to make things better:

- Trade early.
- Up early.
- Keep accountable.

- Close distractions. *** Beware WIDE PIT OPENINGS ***

	Trade-#	Instrument	Strategy	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD
	1	ES 12-13		Short	1	1644.25	1646.25	10/9/2013 8:35 AM	10/9/2013 8:45 AM	-104.02	-104.02	4.02	100	37.5	141.52



10/09/13 Wednesday 2 09OCT13.odt