Questions to answer throughout the day:

• What is the market doing?

06:31:13 AM 1.88:1 NYSE 1.41:1 NASD

• What is the market trying to do? LastPrice DailyVolu ATR 2 min

• How well is it getting it done?

1677.00 293,045 0.912

Paper BUYS Locals Sell OPEN.

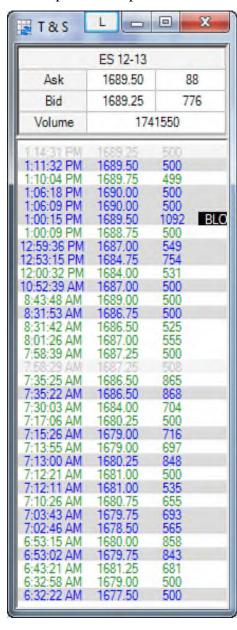
06:35 Ben: DEC S&P opening range 1676.80-1675.50

ES Open 15 min Range 1675.25 – 1682.50

07:00:23 AM	2.3 :1 NYSE   1.6 :1 NASD	1678.25	504,106	1.26
08:01:16 AM	3.94 :1 NYSE   4.25 :1 NASE	1687.25	870,341	1.3
09:00:47 AM	5.26 :1 NYSE 4.34 :1 NASD	1688.00	1,030,88	1.01
10:00:32 AM	4.05 :1 NYSE   4.11 :1 NASD			0.813
11:00:36 AM	3.56 :1 NYSE   3.77 :1 NASD	1687.00	1,226,59	0.696
12:00:37 PM	2.83 :1 NYSE 2.31 :1 NASD	1684.25	1,351,64	0.816
01:00:16 PM	3.56 :1 NYSE   3.55 :1 NASD	1689.50	1,621,87	1.19
01:15:12 PM	3.73 :1 NYSE   3.55 :1 NASD	1689.25	1,745,78	1.17

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ES Opening 15 MIN Range = Hi	1682.50	DELTA							
Lo	1675.25	7.25							
VAL <u>High</u> -	1679.00								
POC -	1677.00								
VAL Low -	1673.00								
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.									
ES	Volume	Change							
OPEN	239								
10	504	265							
11	870	366							
12	1030	160							
1	1138	108							
2	1225	87							
3	1351	126							
Cash CLOSE	1621	270							
PIT CLOSE	1745	124							
SP_Pit Opening Range =	1675.50	DELTA							
Sp Pit	1676.80	1.30							
SP_Pit Day High -	1692.00								
Day Low -	1675.50	16.50							
Closing Range High -	1689.50								
Low -	1689.30	0.20							
Settle -	1689.40								

## Elephant Stomps/TINYS



Trade-#	Instrument	Account	Market pos.	Quant	Entry price	Exit price	Entry time	Exit time	Entry name	Exit name	Profit	Cum. profit	Commis	MAE	MFE	ETD	Bars
1	ES 12-13	Sim101	Short	1	1685.75	1688.25	10/1/2013 8:29 AM	10/1/2013 8:34 AM	Entry	Stop1	-129.02	-129.02	4.02	137.5	12.5	141.52	0
2	ES 12-13	Sim101	Short	1	1687.25	1689.25	10/1/2013 9:15 AM	10/1/2013 9:28 AM	Entry	Stop1	-104.02	-233.04	4.02	100	12.5	116.52	0

Had I fully traded the UniRenko from open would have absorbed loss, here stopped out for day.

What I did well today: - Stopped trading after two in a row at Loss Limit.

- Set Stop Loss on entry.

What could I have done better: - Trust - Follow - Listen - Stop my worry about this crazy government we have in the US.

What will I do tomorrow to make things better: - Just may continue with SIM. Not sure.

- Full nights sleep and research.
- RRRRRRRRRR

Today I was 100% off long enough that I would have lost. Well I'll live with that and start over tomorrow.

