09/11/13 Wednesday 06:10:36 AM

Questions to answer throughout the day:

What is the market doing?

What is the market trying to do?

LastPrice DailyVolu ATR 2 mi How well is it getting it done? 1.14:1 NYSE -1.25:1 NASD 06:31:11 AM

1681.75 238,007 0.54 Elephant Stomps/TINYS

Paper big buyer open 06:32 Ben: SEP S&P opening range 1680.80-1681.50 Locals and Paper were buying yet market going down/ 9/11 hmmm Well Tight range so far on the day.

07:00:25 AM	1.56 :1 NYSE -1.43 :1 NASD	1679.25	396,381	0.862
08:02:49 AM	-1.7 :1 NYSE -1.22 :1 NASD	1680.50	718,826	0.967
09:01:53 AM	-1.08 :1 NYSE 1.08 :1 NASD	1684.00	986,203	0.799
10:06:12 AM	1.22 :1 NYSE 1.34 :1 NASD	1685.25	1,185,94	0.675
11:01:03 AM	1.47 :1 NYSE 1.42 :1 NASD			0.605
12:01:05 PM	1.19 :1 NYSE 1.2 :1 NASI			0.625
01:00:40 PM	1.56 :1 NYSE 1.31 :1 NASI	1688.00	1,747,46	0.735

CC Paper both sides.

1.58 :1 NYSE | 1.31 :1 NASD 1688.50 1,830,05 01:17:40 PM

L					
ES 09-13					
1688.25	1597				
1688.00	1332				
1764018					
1684.75	.500 500				
1687.00	500				
1685.50	800				
	500 500				
1681.75	500				
	1688.25 1688.00 176 1684.75 1685.25 1687.00 1685.50 1684.00 1684.50				

ES Opening 15 MIN Range = Hi	1682.75	DELTA					
Lo	1679.75	3.00					
VAL Hlgh -	1682.00						
POC -	1681.50						
VAL Low -	1679.50	2.50					
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.							

20			0.00				
VAL Hlgh -		1682.00					
POC -		1681.50					
VAL Low -		1679.50	2.50				
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.							
ES		Volume	Change				
OPEN		238					
10		396	158				
11		718	322				
12		986	268				
1		1185	199				
2		1407	222				
3		1540	133				
Cash CLOSE		1747	207				
PIT CLOSE		1830	83				

SP_Pit Opening Range =	1681.50	DELTA
Sp Pit	1680.80	0.70
SP_Pit Day High -	1689.00	
Day Low -	1677.80	11.20
Closing Range High -	1689.00	
Low -	1687.70	1.30
Settle -	1688.80	
Net Change -	6.40	

What I did well today: - Closed overnight shorts pre-market

- SIM trade as unsure of myself on 9/11 ever since 9/11 not been a good day for me.

What could I have done better:

- Closed SIM on NEWS story
- More active in MKT.
- More sleep last night.

What will I do tomorrow to make things better: - Be sure to get my sleep tonight.

- Keep following up on the markets, my programming, etc.
- Eliminate more distractions and clean study TODAY.

Trade-#	Instrument	Account	Strategy	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Entry name	Exit name	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 09-13	Sim101	32 close	Short	1	1681.25	1683.25	9/10/2013 12:56 PM	9/10/2013 12:59 PM	Entry	Stop1	-104.02	-104.02	4.02	100	12.5	116.52
2	ES 09-13	Sim101	32 close	Short	1	1682.25	1683.25	9/10/2013 12:58 PM	9/10/2013 12:59 PM	Entry	Stop1	-54.02	-158.04	4.02	50	0	0
3	ES 09-13	Sim101	32 close	Short	1	1683	1681	9/10/2013 12:59 PM	9/11/2013 6:16 AM	Entry	Close	95.98	-62.06	4.02	12.5	100	4.02
4	ES 09-13	Sim101	32 close	Short	1	1682.5	1681	9/10/2013 1:02 PM	9/11/2013 6:16 AM	Entry	Target1	70.98	8.92	4.02	12.5	75	4.02
5	ES 09-13	Sim101	32 close	Short	1	1682.5	1681	9/10/2013 1:02 PM	9/11/2013 6:16 AM	Entry	Target1	70.98	79.9	4.02	12.5	75	4.02
6	ES 09-13	Sim101	32 close	Short	1	1682.5	1681	9/10/2013 1:02 PM	9/11/2013 6:16 AM	Entry	Target1	70.98	150.88	4.02	12.5	75	4.02
7	ES 09-13	Sim101	32 close	Short	1	1682.75	1681	9/10/2013 1:15 PM	9/11/2013 6:16 AM	Entry	Target1	83.48	234.36	4.02	0	87.5	4.02
8	ES 09-13	Sim101		Short	1	1685.25	1687.5	9/11/2013 12:03 PM	9/11/2013 12:58 PM			-116.52	117.84	4.02	112.5	37.5	154.02





09/11/13 Wednesday 2 11SEP13.odt