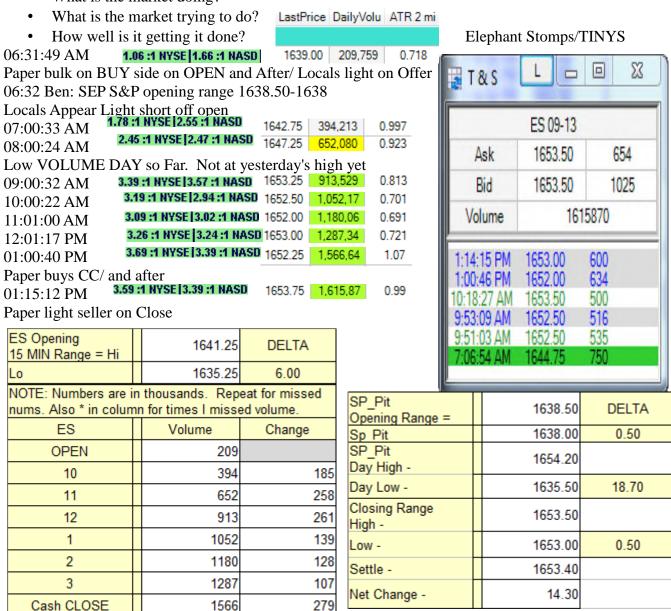
AM

Questions to answer throughout the day:

• What is the market doing?



02:11:15 PM Non-Trading day. Missed initial push higher and that was the trade for the day. Listening to to many inputs and working on learning to filter out better.

49

What I did well today:

PIT CLOSE

- Didn't trade as I didn't really feel ready, plus I could sense my own fear today not a good thing. What could I have done better:

1615

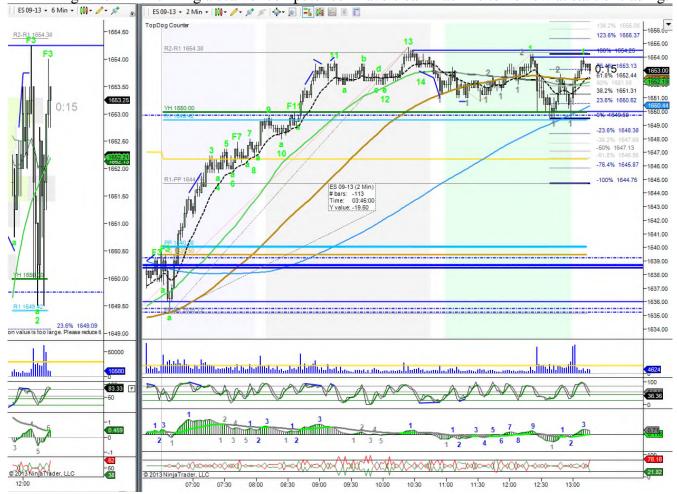
Had less fear.

- Been sure to go to bed earlier.
- Shut down computer earlier.
- Followed the money.

What will I do tomorrow to make things better:

- Tomorrow I will do what I can to relax.
- Most of what I will do for tomorrows trading will actually be done today.

- Right now I'm running a scan of computer so I have clean machine tomorrow at start of trading.



09/04/13 Wednesday 2 04SEP13.odt