

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

	LastPrice	DailyVolu	ATR 2 mi	
06:30:21 AM	2.97 :1 NYSE 3.08 :1 NASD	1686.50	161,449	0.56
OPEN: Light Paper buyers/ Pit Pop good...				
07:01:33 AM	1.41 :1 NYSE 2.2 :1 NASD	1685.25	297,970	0.812
08:01:02 AM	1.07 :1 NYSE 2.17 :1 NASD	1683.25	483,034	0.982
09:00:44 AM	1.17 :1 NYSE 2.79 :1 NASD	1685.25	618,462	0.816
10:01:34 AM	1.06 :1 NYSE 2.42 :1 NASD	1683.75	724,851	0.775
11:00:22 AM	1.25 :1 NYSE 1.92 :1 NASD	1679.00	907,785	0.848
12:00 MISSED	Remember seeing something like 1075K vol			
Don't know how I missed but I did. Just mesmerized by lack of action and watching difference in the channel trading.				
01:01:15 PM	1.07 :1 NYSE 2.27 :1 NASD	1682.00	1,272,03	0.927
CC: GS Buying and SOLLY paper sellers on close				
01:16:14 PM	1.07 :1 NYSE 2.27 :1 NASD	1685.00	1,310,11	0.875

Elephant Stomps/TINYS

ES 09-13		
Ask	1682.50	793
Bid	1682.25	928
Volume	1283282	
12:15:01 PM	1682.75	512
10:46:54 AM	1677.75	500
8:52:16 AM	1686.00	621
6:51:24 AM	1684.75	500
6:37:28 AM	1686.25	709

ES Opening	1688.50	DELTA
15 MIN Range = Hi		
Lo	1684.50	4.00
VAL High -	1683.00	
POC -	1682.75	
VAL Low -	1679.00	4.00
VPOC's to watch -		
for missed nums. Also * in column for times missed volume.		
ES	Volume	Change
OPEN	161	
10	297	136
11	483	186
12	618	135
1	724	106
2	907	183
3	* 1075	168
Cash CLOSE	1272	197
PIT CLOSE	1310	38

SP_Pit	1686.00	DELTA
Opening Range =		
Sp Pit	1686.50	0.50
SP_Pit	1688.00	
Day High -		
Day Low -	1687.50	0.50
Closing Range	1685.00	
High -		
Low -	1684.50	0.50
Settle -	1684.70	
Net Change -	2.20	

What I did well today:

- I watched the market.

What could I have done better:

- I could take some measured risk at the extremes even though trend not established.
- Could have been more alert.
- Could have used RENKO Keltner Channel strategy for entry to a trade.

What will I do tomorrow to make things better:

- Get sleep, prep and follow through.

07/30/13

Tuesday

06:13:54 AM



JUST a SLEEPY HOLLOW DAY....

Lord knows what we are in for tomorrow.

07/30/13

Tuesday

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