

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

06:30:41 AM **1.71 :1 NYSE|1.74 :1 NASD**
 Russell on RIP/ Paper bought OPEN

06:32 Ben: SEP S&P opening range 1675.20-1676 // Paper now both sides

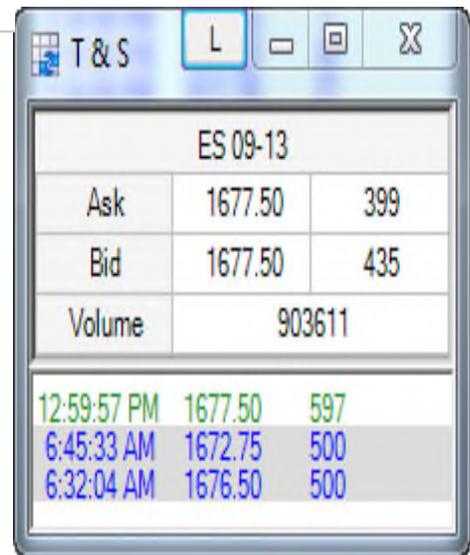
.Locals now light on offer coming on 0700 Russel was on rip earlier coming off as well.

	LastPrice	DailyVolu	ATR 2 mi
07:00:40 AM	1.57 :1 NYSE 1.29 :1 NASD	1674.25	290,206 0.869
08:02:13 AM	1.72 :1 NYSE 1.38 :1 NASD	1675.50	433,035 0.823
09:00:38 AM	2.08 :1 NYSE 1.61 :1 NASD	1677.50	533,265 0.674
10:03:38 AM	1.94 :1 NYSE 1.71 :1 NASD	1676.00	598,442 0.541
11:00:30 AM	2 :1 NYSE 1.83 :1 NASD	1677.50	645,656 0.514
12:03:17 PM	2.18 :1 NYSE 1.65 :1 NASD	1678.50	736,339 0.548
01:00:31 PM	1.75 :1 NYSE 1.74 :1 NASD	1677.75	865,255 0.608
01:23:09 PM	1.75 :1 NYSE 1.74 :1 NASD	1677.50	903,611 0.57

paper both sides CC/ Super light volume

Paper both sides, more buying though. SUPER LIGHT VOL

Elephant Stomps/TINYS

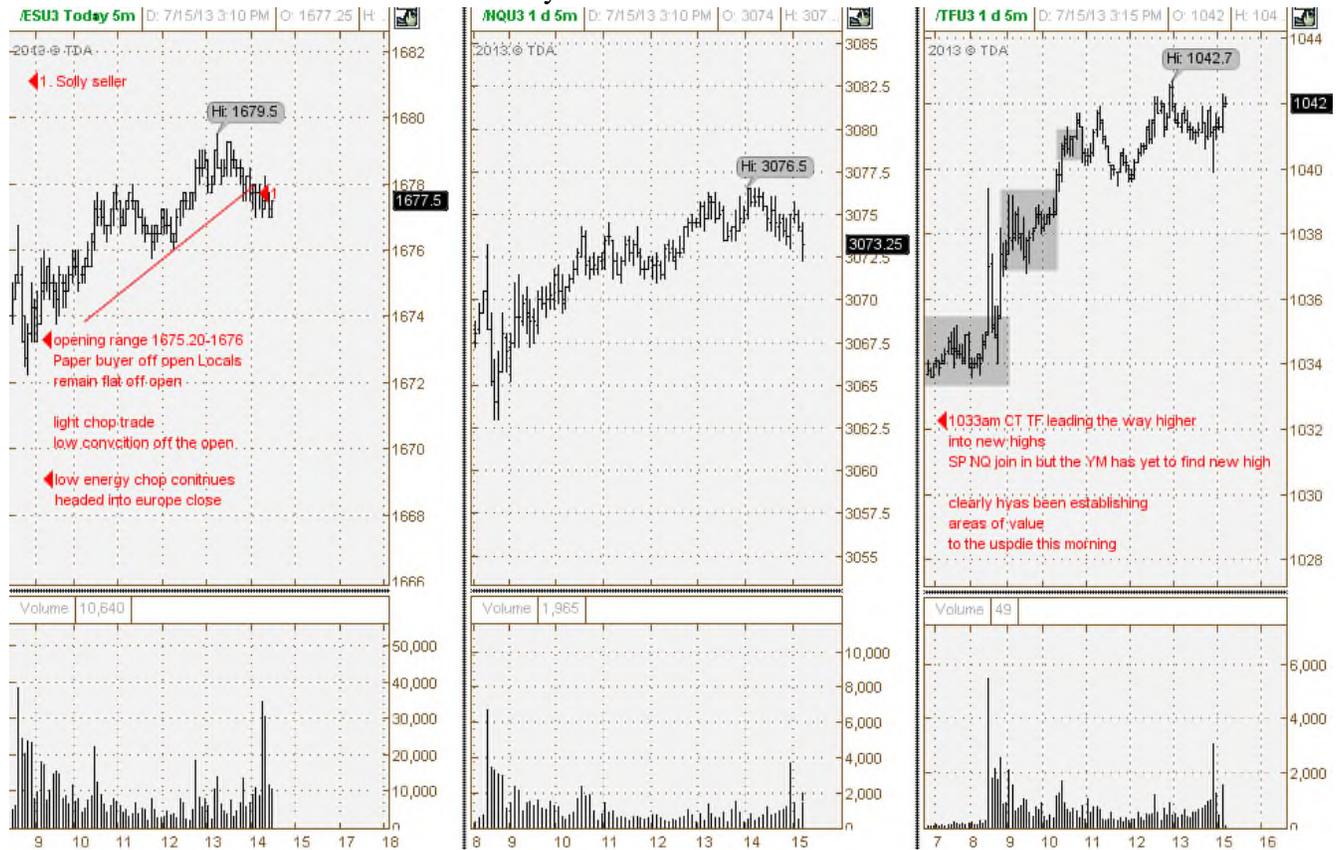


ES Opening	15 MIN Range = Hi	1677.00	DELTA
Lo		1672.50	4.50
VAL High -		1671.00	
POC -		1670.00	
NOTE: Numbers are in thousands. Repeat for missed <u>nums</u> . Also * in column for times I missed volume.			
ES	Volume	Change	
OPEN	156		
10	290	134	
11	433	143	
12	533	100	
1	598	65	
2	645	47	
3	736	91	
Cash CLOSE	865	129	
PIT CLOSE	903	38	

SP_Pit	Opening Range =	1676.00	DELTA
Sp Pit		1675.20	0.80
SP_Pit		1679.40	
Day High -			
Day Low -		1672.70	6.70
Closing Range		1677.70	
High -			
Low -		1677.30	0.40
Settle -		1677.50	
Net Change -		7.40	



Chart Courtesy of: Ben Lichtenstein WWW.TradersAudio.COM
Screenshow MarketCast Think or Swim by TD Ameritrade



What I did well today:

- Market never met volume threshold for trading ES today

What could I have done better:

- Maybe have low volume trading plan.

What will I do tomorrow to make things better:

- No change. Same plan and action. If not tradable market then I won't trade.